

recipes from the co-op

Health Nut Power Up Smoothie

Ingredients for I serving

- 8 oz almond milk
- 2 oz cold press coffee
- I heaping Tbsp peanut butter
- 2 frozen bananas
- ½ tsp maca
- ½ tsp cacao
- 1/4 tsp agave

Preparation

Place all ingredients in a blender and blend on high until fully mixed. Pour into a glass and enjoy!